

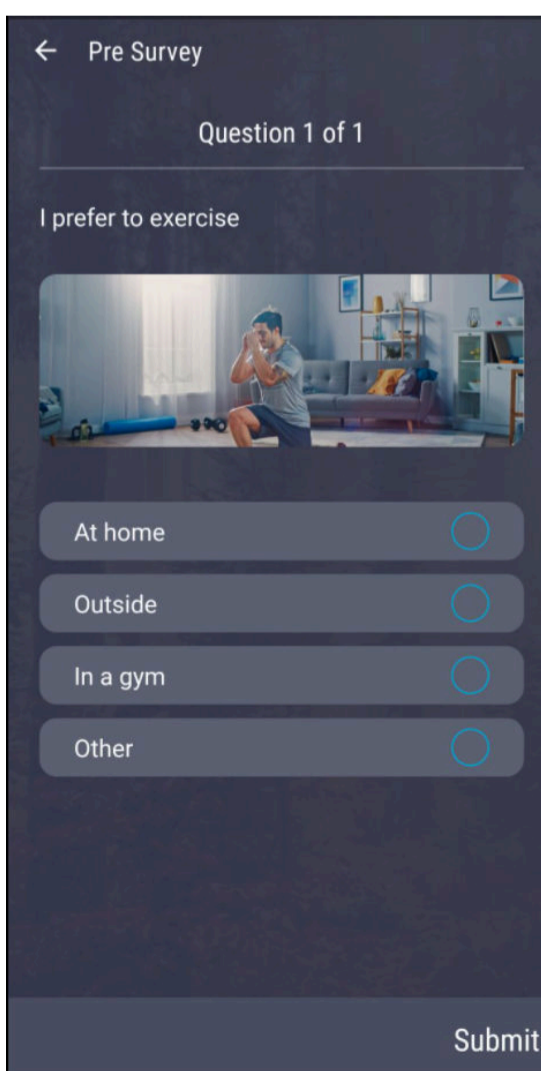
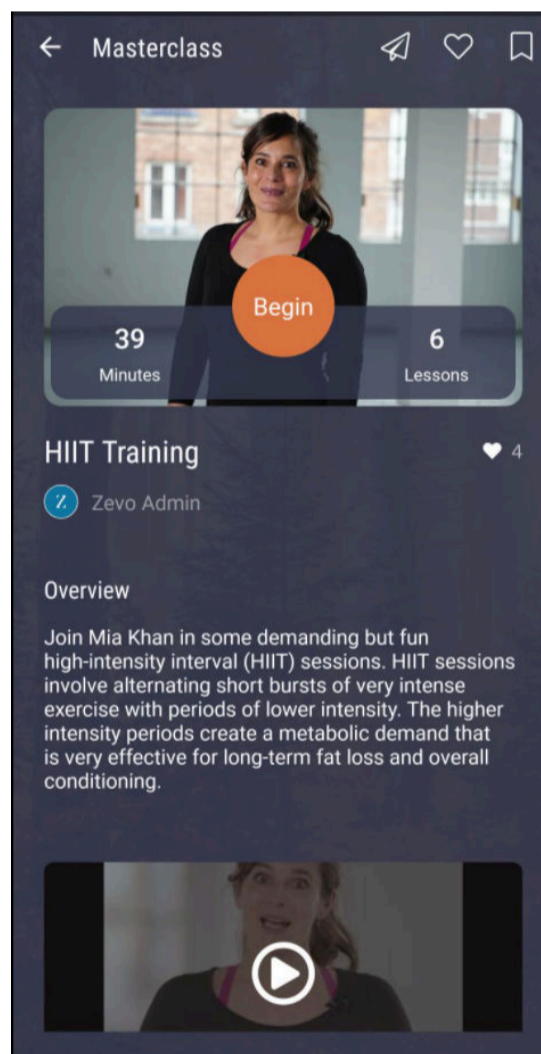
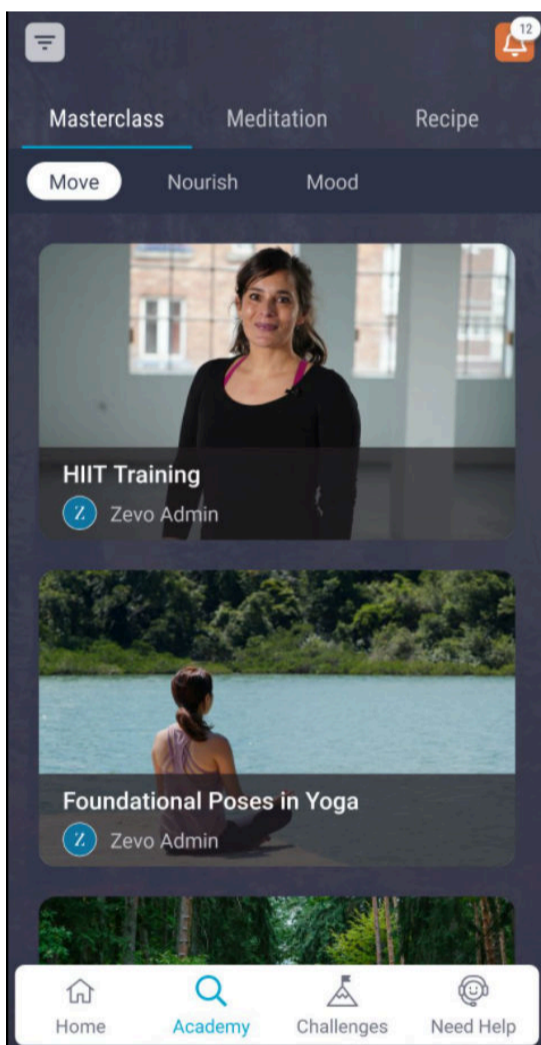


ZEVO HEALTH



How to Enrol in a Masterclass

1. Go to the Zevo Academy tab on the bottom of your App screen. This section will show you our available Masterclasses, ranging from Move, Nourish and Mood topics.
2. Select which Masterclass you would like to enrol in. You will be taken to the next screen with an Overview of each Masterclass, how many lessons are included and the time involved. Press Begin to start your sessions.
3. Complete the short Pre Survey to give us some context into your level and press Submit & Begin Lesson.
4. Enjoy your Masterclass series led by our expert Health Coaches!



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