



How to Review your past Steps

- 1. On your Home Screen, tap your Steps on the left side of your screen.
- 2. This will bring you to your historical steps data, as well as your past weight and Masterclass data. All you need to do is select the tab from the top of the screen. The count on the left of the screen (8194 steps in the example below) are the steps you have completed today. The count on the right of the screen (10'000) is your daily step goal.



